



Nordic Police Sports Association

General Competition Rules

Edited 27th May 2023 in Stockholm, Sweden

GENERAL COMPETITION RULES

1

Nordic Police Championships is arranged in following sports events:

Responsible controller:

Football	Norway
Orienteering	Denmark
Golf	Iceland
Handball	Iceland
Marathon	Denmark
Shooting	Sweden
Volleyball	Estonia
Functional Fitness	Sweden

As a guideline the countries will from 2017 organize NPC in the following order:

Denmark - Iceland – Sweden - Estonia- Finland - Norway – etc.

Exception:

Iceland does not organize ski, volleyball, and orienteering.

Finland does not organize handball and golf.

Sweden does not organize volleyball.

Estonia does not organize handball and golf.

TC is responsible for drawings in teams championships

2

The organizing nation is fully responsible for all expenses for the organization of the championships, in addition to the registration fee (see below). Organizing nation should bear the costs from supper the day of arrival inclusive breakfast the day of departure and accommodation. It should not be more than 4 people in each room.

Transportation from the nearest airport or train station, as mentioned in the invitation, will be arranged by the organizer.

Registration fee for all participants and a delegate from each nation in the Nordic Police Championship is 65 euros per person per night. In the invitation to enter the organizing



Nordic Police Sports Association

General Competition Rules

Edited 27th May 2023 in Stockholm, Sweden

nation will send out for the Championship they shall announce deadline for the participating nation for canceling without payment obligation.

If an organizer of a NPC Championship chooses to have competition on arrival or departure day including lunch on arrival and departure day, the organizer is allowed to charge the participating countries for extra costs for these meals.”

There is no obligations for the organizing nation to receive guests. If it is possible to do so, it shall be stated in the invitation to the championship and how much guests pay.

The controller responsible member of TC, under the provisions of point 14 in the Statues, shall contribute on the organizing nation’s behalf and cost.

3

Nordic Police Championships cannot be arranged official if less than three countries register their participation. Applications must be made from the respective associations. In order to have a championship, at least three participants/teams must start in the championship/events.

If not enough participants are registered, the organizer shall notify the member associations and try to find a solution together with the members of the TC. This shall be notified at least 3 months before the championships.

4

At least 12 months before the championship, the organizing nation must send out a request for participation to the other nations. For this purpose, the date for the championship must be given 9 months prior. Both women and men shall be invited.

5

Invitation to the championship will be sent out at least 6 months before race day, the last day for registration shall be stated at least 4 months before race day.

6

Any police officer or police staff within the police service within the member countries has the right to participate in NPSA Championships. Police cadet / students who began their police training has the right to participate. Police officers who are on leave (maximum one year) are also entitled to participate in the Championships, there may be exceptions for parental or care leave.



Nordic Police Sports Association

General Competition Rules

Edited 27th May 2023 in Stockholm, Sweden

The eligibility to start follow the rules of USPE, which means that civilian staff with an issued police ID, or similar document, can participate in NPSA Championships.

7

Referees are appointed by the organizing nation. These should have international or national license.

8

Protest during the championship should as soon as possible and no later than 1 hour after the end of the competition be submitted to the jury. The protest shall be submitted in writing.

Protest against the results list shall be delivered in the same way at the list's publication or least 30 minutes hereafter.

9

The delegates from each participating nation and the responsible TC controller works during the championship as jury (appeal court). Chairman of the jury is from the host nation.

Minutes shall be taken at each meeting during the championships. The delegate of each nation and responsible TC controller shall sign minutes.

If a nation wishes someone else than the delegate to be included in the jury, it shall be reported to the organizing nation in connection with the notification to the championship.

The jury is the highest appeal jury for all sports throughout the championship. It determines all complaints and disputes submitted to the jury of each nation's coach or the race director or chief judge for each sport.

10

The organizing nation has the right to decide the order of the race branches provided that it otherwise has been determined.

11

Before a championship start a meeting shall be held with the delegates and coaches. The minutes shall be distributed as shortly as possible after the meeting. This meeting has the right to decide on practical matters related to the championship.



Nordic Police Sports Association

General Competition Rules

Edited 27th May 2023 in Stockholm, Sweden

12

Championship Medals:

Gold, silver, and bronze medals will be given in individual sport as well in team sports as according to the competition's rules.

Everyone who by the competitions rules belongs to the team will get a medal.

NPSA's medals, has NPSA's logos on the front, and are in 6 different versions, one version for each member nations, where their logo is at the top. The medals should be 3 mm. thick and 6 cm. in diameter. On the backside of the medals shall write name of the relevant sport, year, and name of hosting country.

13

Special team competitions take place in the shooting and golf and will be rewarded with medals.

14

Changes to the competition program, the general competition rules or the rules of the contest can be made by the Association Executive and TC, but the final decision must be ratified at the ordinary Congress.



Nordic Police Sports Association

General Competition Rules

Edited 27th May 2023 in Stockholm, Sweden

Football rules:

1.

In Championships organized in football, each nation has the right to enter a team with a maximum of 18 players, 1 coach and 1 trainer. If there are 3 teams entered, a maximum of 15 players. In addition, each nation has the right to enter 1 masseur. The championship will be held in June.

2.

The championship is played as a single series so that all teams meet each other. Each team is by lot assigned a number. The organizing nation will be raffled #2 and plays the first and last match, and the teams will play following this schedule:

At 3 teams entered (2 off days):

Round 1, teams 2-1 and 1-3

round 2, teams 2-3

At 3-4 teams entered:

round 1, Team 2 - 3 teams 1-4

round 2, team 4-3 and teams 1-2

round 3 team 3-1 and the team's 2-4

At 5 teams entered:

round 1, Team 2-5 team's 3-4

round 2, team 1-2 and team's 5-3

round 3 team 3-1 and the team's 4-5

round 4, teams 2-3 and the team's 1-4

round 5 team 5-1 and the team's 4-2

The teams playing 4 games in a row, will the 3. game day play in the morning, and on the 4. day in the afternoon.



Nordic Police Sports Association

General Competition Rules

Edited 27th May 2023 in Stockholm, Sweden

At 6 teams entered:

2 groups with 3 teams each.

Host team is nr. 1 in group A and actual champion team is nr. 1 in group B.

If the host team is not the actual champion all other teams will be in the draw.

Technical Committee makes other drawings to the groups.

If the host is not the actual champion, they will be placed in each group.

Group 1 A:

round 1, team 2-1

round 2, team 1-3

round 3, team 2-3

Group 2 B:

round 1, team 4-5

round 2, team 5-6

round 3, team 4-6

Round 4 – final day:

Place 5/6: 3rd grp.1 (A) – 3rd grp. 2 (B)

Bronze medal: 2nd grp 1 (A) – 2nd grp. 2 (B)

Final: 1st grp. 1 (A) – 1st grp 2 (B)

3.

At equal points, the placing will be decided by:

1. Difference in goals
2. Highest number of scored goals
3. The mutual settlement match
4. Drawing of lots

4.

Each player must have a clear number on his jersey. This number should be the same throughout the championship. Each team will bring two sets of playing shirts, with colors that clearly differ from each other. This also applies to keeper shirts.

5.

Unlimited substitutions, in every match is allowed. Substituted players may not reenter.



Nordic Police Sports Association

General Competition Rules

Edited 27th May 2023 in Stockholm, Sweden

6.

Yellow card will follow the player during the championship, with 3 yellow cards the player is suspended for the next match. If given a direct red card, the player is suspended from at least the next match. When a second yellow card or a direct red card is given, the referee must write a report to the jury in case of a protest.

7.

Otherwise, the UEFA (European Football Association) rules applies.

Orienteering, rules:

1.

Maximum 6 women and 6 men from each country can participate in individual races.

Three disciplines: Sprint Relay, Long distance, Middle Distance

Two classes at the Long Distance and Middle Distance, M21 and W21.

Tracks length in the long distance must be adapted to a winning time of around 50 minutes for women and about 80 minutes for men.

2.

Sprint relay:

In sprint relay (on the day of arrival) both sexes will be part of the team. It will be four legs. The split times will be approximately 20 minutes - 15 minutes - 20 minutes – 15 minutes.

Two men and two women in each team. Each country can participate with maximum of three teams. The relay will also allow extra runners to participate in mixed teams from different countries. The mixed teams cannot be a part of the Nordic Championship.

Leg 1: men

Leg 2: women

Leg 3: men

Leg 4: women

3.

In other respects, the IOF (International Orienteering Federation) rules applies.



Nordic Police Sports Association

General Competition Rules

Edited 27th May 2023 in Stockholm, Sweden

Marathon, rules:

1.

The Championships is organized as individual competition for women and men. In the team competition the 3 best placed women and the 4 best placed men counts from each nation.

2.

Every nation has the right to submit a maximum of 6 women and 6 men, and 2 coaches.

3.

Championships may be held / organized in cooperation with the national official marathon in the organizing nation.

4.

In other shell IAAF's rules applies.

Handball, rules:

1.

The Championship is held in indoor handball for men and women in the month of May.

Every nation has the right to enter a women's team and a men's team, each team with 16 players, 1 trainer and 1 coach per team. In addition, each nation has the right to enter 1 masseur.

2.

The championship is played as a single series so that all teams meet each other.

The teams is by lot assigned a number (the organizing nation will be raffled # 2 and plays the first and last match), and will play with the following schedule:

At 3 teams entered (2 off days):

Round 1, teams 2-1 and 1-3

round 2, teams 2-3

At 3-4 teams entered:

round 1, Team 2 - 3 team's 1-4

round 2, team 4-3 and team's 1-2

round 3 team 3-1 and the team's 2-4



Nordic Police Sports Association

General Competition Rules

Edited 27th May 2023 in Stockholm, Sweden

At 5 teams entered:

round 1, Team 2 - 5 teams 3-4

round 2, team 1-2 and teams 5-3

round 3 team 3-1 and the team's 4-5

round 4, teams 2-3 and the team's 1-4

round 5 team 5-1 and the team's 4-2

Placing are made in accordance with point system. At equal points, the following applies:

1. Mutual settlement match
2. Goal difference in total
3. Highest number of scored goals
4. Drawing of lots

3.

Each team will bring two sets of shirts in colors that clearly differ from each other. This also applies to the goalkeeper shirts.

Each player must have the same shirt number throughout the playoffs.

4.

In other respects, the IHF (International Handball Federation) rules applies.

Functional Fitness rules:

1.

The Championships is organized as individual and team competition for women and men, in two categories.

2.

Every nation has the right to submit a maximum of six women and six men, and two coaches.

3.

The categories are:

a.

Individual with a maximum of four women and four men from each nation.

b.

Mixed team with one woman and one man. You can send a maximum of two teams from each nation.



Nordic Police Sports Association

General Competition Rules

Edited 27th May 2023 in Stockholm, Sweden

4.

The events in the championship must be similar and can be compared with the events and exercises that occur in competitions such as CrossFit / Functional Fitness / Throwdowns. If there is any doubt at the championship, the rules shall be based on the rules within <https://functionalfitness.sport> or Crossfit.com

5.

The events will be released to all athletes not later than one week before the competition.

6.

Nation competition and rules for the nation ranking.

Points are based on the following:

- Individual athletes placed in the top 10 of in every test for each division add their points for their national team.
- Team mixed that is placed top 6 in in every test for their division, add their points to their national team.

In this way out can give price gold, silver and brons for best Nation - TEAM

Shooting, rules:

1.

The Championships are organized as individual and team competitions in the following disciplines:

Women:

Sport pistol 25m

Standard Pistol

Air Pistol

Air Rifle

Free rifle, half the match, 3 x 40 shots

Free rifle, English-match, 60 shots

Men:

Center fire pistol

Standard Pistol

Air Pistol

Air Rifle

Free rifle, full match, 3 x 40 shots

Free rifle, English-match, 60 shots



Nordic Police Sports Association

General Competition Rules

Edited 27th May 2023 in Stockholm, Sweden

Unisex:

Pistol 50m

Rapid Fire Pistol

Team competition for both men and women. Team results is the combined individual results for each nation three shooters. If there is not enough competitors according to the competitions rules, there will be an open class where the three best results men and women are combined.

2.

During championships: Day 1 is training, arms control, and competitions with air guns.

Finals will be shot in the Olympic disciplines.

In Rapid Fire Pistol squads will be shoot in sequence 1-2 and a 1–2.

3.

Each member association has the right to submit a maximum of 20 participants, 2 team leaders and one coach. Maximum 3 participants may start in each event.

If there are not enough athletes participating in a discipline to be approved as a Nordic Championship (3 nations), the discipline will be carried out as an open class.

4.

At Championships, there shall be a panel of 3 persons, of whom one is the President of the gun arms and a jury of 3 persons, of whom 1 is the President of rifles branches. The same person may be included in both juries.

Trainer or competitor may not be included in the jury. Coach with at least national license may be included in the jury.

At the Nordic championships, there shall be a pistol jury and a rifle jury of three members each. One of the jury members shall be from the organizing nation. Jury members shall have at least a national referee or coach license. Active coach or competitors cannot be member of juries.

The same person can be on both juries.

5.

In other respects, www.issf-shooting.org/rules rules applies.



Nordic Police Sports Association

General Competition Rules

Edited 27th May 2023 in Stockholm, Sweden

Golf rules:

1.

The Championship is organized by individual competitions for men and women as well as team competition where top 3 women and top 4 men counts from each nation. Championships are organized during the month of September.

2.

Every nation has the right to submit a maximum of 6 women and 6 men, and 2 coaches.

3.

Event occurs at 2 x 18 holes over two days. Stroke plays without handicap.

On arrival day, the contestants have the opportunity to receive training play on the course. This should be organized by the organizer.

4.

Tiestart for men - white.

Tiestart for women decided on the team leader meeting.

5.

Playoff to decide the winner takes place on hole 18.

The placements of others are determined by:

If two or more players have equal results, the result is calculated on the last 9 holes then last 6 and finally on the last 3 holes. Is it still a tie, lottery will determine the placement.

6.

Otherwise, the golf rules that are approved by R & A Limited applies.



Nordic Police Sports Association

General Competition Rules

Edited 27th May 2023 in Stockholm, Sweden

Volleyball rules:

1.

The Championship is held indoor in May for both women and men.

Every nation has the right to enter a women team and a men's team, each with a maximum of 12 players, with 1 coach and 1 trainer per team. In addition, each nation has the right to enter 1 masseur.

2.

The championship is played as a single series so that all teams meet each other.

The teams is by lot assigned a number (the organizing nation will be raffled # 2 and plays the first and last match) and then play with the following schedule:

At 3 teams entered (2 off days)

Round 1, teams 2-1 and 1-3

round 2, teams 2-3

At 3-4 registered teams

round 1, Team 2-3 team's 1-4

round 2, team 4-3 and team's 1-2

round 3 team 3-1 and the team's 2-4

At 5 registered teams

round 1, Team 2-5 team's 3-4

round 2, team 1-2 and teams 5-3

round 3 team 3-1 and the team's 4-5

round 4, teams 2-3 and the team's 1-4

round 5 team 5-1 and the team's 4-2

In the fifth set, a tiebreak set will be played (to 15 points).

Placing are made in accordance with the point system. At equal points, the following applies:

1. Most plus Sets
2. Most won points
3. The mutual settlement match

3.

In other respects, the International Volleyball Federation (FIVB) rules applies.