

European Police Championship

Football Women 2015

Qualification Match

Ireland



30th October 2015



ORGANIZER: HORSENS PI
DANISH POLICE SPORTS FEDERATION



UNION SPORTIVE
DES POLICES D'EUROPE

Welcome to the Police District of South-East Jutland

On behalf of the Police District of South-East Jutland, I would like to welcome all of you to the European Police Championship qualifying match played on CASA Arena Horsens, between the female police national football teams from Ireland and Denmark.

Welcome to Horsens to all the players, coaches, managers, referees and spectators.

It is a great pleasure that this exciting football match towards the European Championship will take place at CASA Arena in our police district.

In January 2007 CASA Arena was built and is now the new stadium of the city of Horsens with a capacity of 10.495 spectators. Besides being the home arena of the football club AC Horsens the stadium is also used for other events such as speedway and concerts. You will therefore be able to experience a special atmosphere at the match start Friday, 30th October at 3 o'clock p.m.

With accommodation in Jorgensens Hotel located in the middle of Denmark's widest pedestrian street and in a beautiful building, I hope that you also in your free time will have a pleasant stay.

The stage is set for a few wonderful days in Horsens and I hope that everyone gets a good experience.

Once again - welcome to all of you.

Kind regards

Jørgen Abrahamsen
Police Commissioner
The Police District of South-East Jutland



Dear players, coaches and delegate

It gives me great pleasure to welcome you all to the European Police Championship qualifying match in womens football.

We are very proud that we got the opportunity to organize this match, and on behalf of the Danish Police Sports Federation I would like to express our gratitude to USPE.

I hope for a fair match and wish both teams good luck.

Finally, I really hope that you all will enjoy your stay in our wonderful City of Horsens together with our famous Danish hospitality and our friendship.



Kind regards

Mogens N. Lauridsen
President

Danish Police Sports Federation



Horsens Police Sports Association has the honour of hosting the European Police Championship qualifying match between Ireland and Denmark for female police football national teams. The players are going to be accommodated at Jørgensens Hotel in the centre of Horsens, and where the banquet will take place after the football match on Friday evening.

Thursday evening and Friday at lunch food will be served in the canteen at the police station in the city of Horsens.

On behalf of the Police Sports Association in Horsens I would like to thank the sponsors and other collaborators and not at least CASA Arena for preparing the grass for this event.

We welcome all who wants to join us at CASA Arena for an entertaining and hopefully exciting match.

Kasper Matthiessen
Chairman
Horsens Police Sports Ass.

Referees

REFEREE

Mads-Kristoffer Kristoffersen (age 32)
Top League referee since 2011 (74 matches)
FIFA referee since 2013 (25 matches)



Mads-Kristoffer Kristoffersen



Jakob Bille

ASSISTANT REFEREE 1

Jakob Bille (age 42)
Top League assistant referee since 2007 (187 matches)
FIFA assistant referee since 2009 (35 matches)



Michael Tykgaard

ASSISTANT REFEREE 2

Michael Tykgaard (age 38)
Top League referee since 2010 (97 matches)
FIFA referee since 2012 (38 matches)



Ole K. Jacobsen

USPE TECHNICAL DELEGATE

Ole K. Jacobsen

Participants



DENMARK

Attendants

Magnus Buhl Hansen	Syd- og Sønderjylland
Anne Louise Kent	Nordsjælland
Monica Meisingseth	Physio

Players

Lea Madsen	Syd- og Sønderjylland
Mette Bech Agesen	Midt- og Vestjylland
Mette Olesen	Midt- og Vestjylland
Maria Meng Kyndbøl	Fyn
Camilla Christiansen	København
Bettina Blom Appleyard	København
Mette Søgård Jørgensen	København
Mie Nielsen	Vestegnen
Ditte Pedersen	Vestegnen
Camilla Lauridsen	Østjylland
Mia Bak Pedersen	Østjylland
Helle Damsgaard With	Østjylland
Helle Brynningsen	Midt- og Vestsjælland
Pernille Vesti Munk Olsen	Midt- og Vestsjælland
Mette Øster Sørensen	Sydsjælland og Loll. F

Ireland



IRELAND

Attendants

Paul Cullen
Terry Butler
Thomas Minnock

Manager
Coach
Physio

Players

Dyann Carroll
Ada Timpson
Emma Corcoran
Caroline Griffin
Deirdre Callanan
Deirdre Gately
Emma Dunlea
Fiona Morgan
Suzanne Gordan
Sarah Denvir
Essmay Manny
Linda Crennan
Liz Power
Stephie Hallahan
Deirdre O'Docherty

Practical information

VENUE

CASA Arena
Langmarksvej 59
DK 8700 Horsens

ACCOMMODATION

Best Western
Jørgensens Hotel
Søndergade 17 - 19
DK 8700 Horsens
www.jorgensens-hotel.dk

TIMETABLE

Thursday 29th October 2015

14:00 - 18:00	Arrival of the delegations
15:00 - 17:30	Training at CASA Arena
18:30	Dinner
20:00	Accreditation
20:30	Technical meeting

Friday 30th October 2015

07:00 - 09:00	Breakfast
12:00	Lunch
14:00	Departure to CASA Arena
14:55	Opening Ceremony
15:00	Match start
19:00	Dinner

Saturday 31st October 2015

07:00 - 09:00	Breakfast
---------------	-----------

Departure to airport after breakfast





Competition rules/ Group/Classification



The USPE Competition Rules, item 4.2, shall apply

4.2 FOOTBALL

4.2.1 The rules and regulations laid down by the Union des Associations Européennes de Football (UEFA) shall apply, unless otherwise stipulated below or provided for in the Invitation to Enter.

4.2.2 The EPC comprises Preliminary Rounds and a Final Round.

Preparation and organisation of the Preliminary Rounds depend on the number of engaged teams. Subject to rule 1.3.1, at least six teams take part in the Final Round. The number of participating teams is set by the USPE Technical Commission and is determined among other things by the total number of enrolled teams. The team of the organising member union is qualified directly.

Each team may enter up to 15 players and three attendants in the Preliminary Rounds and up to 18 players and four attendants for the Final Round.

The substitution of four players in the preliminary round and five players in the Final Round per team is permitted in the course of the match. A player who has been substituted may take no further part in the same match.

4.2.3 The USPE Technical Commission determines the organisational framework of the Preliminary Rounds and the rules and regulations applicable to the Final Round. The Preliminary Rounds should be concluded no later than four months prior to the start of the Final Round.

4.2.4 If two or more teams are equal on points on completion of all the matches in their group, the following criteria will be used to determine the rankings in the order given:

1. goal difference in the matches among the teams in question
2. number of goals scored in the matches among the teams in question (if more than two teams finish equal on points)
3. goal difference in all the group matches
4. number of goals scored in the group matches
5. fair play conduct of the teams (Final Round)
6. drawing of lots

If two teams which have the same number of points, the same number of goals scored and conceded play their last group match against each other and are still equal at the end of that match, the ranking of the two teams in question will be determined by kicks from the penalty mark, provided no other teams within the group have the same number of points on completion of all group matches. Should more than two teams have the same number of points, the criterias (1. to 6.) listed above will apply.

4.2.5 If the result stands as a draw in a placement match, semi-final or final, extra time of two periods of 15 minutes shall be played. If the two teams are still equal after extra time, the winner shall be determined by kicks from the penalty mark.

4.2.6 The Jury of Appeal is responsible for the implementation of disciplinary actions.

Cautions and pending yellow-card suspensions expire after the preliminary round.

Cards received in the Final Round will apply throughout the championship. Cautions and pending yellow-card suspensions from the Final Round expire after the championship.

The following sanctions apply:

2 yellow cards in different matches = ban for the next match;

2 yellow cards in one match (=1 red card) = ban for the next match;

3 yellow cards in different matches = ban for the next match

1 direct red card (normal violations) = ban for the next match;

1 qualified red card (for example violence) = minimum ban for the next 2 matches

1 red card and 1 yellow card in different matches = ban for the next match

Seriously inappropriate behaviour = exclusion from the match and immediate exclusion from the championship

Please note especially number 4.2.2 for the Preliminary Round.

JURY OF APPEAL

The provisions of the USPE Rules and Regulations, Article R 19, shall apply.

The Jury of Appeal for the preliminary round is comprised of:

1. Luc Smeyers
2. Fred Kusserow
3. Ole K. Jacobsen

All appeals have to be made in writing by the delegate or one of the attendants of the member union in question within less than an hour after the end of the fixing of or the publication of the results unless the respective international sport rules specify different.

The delegate or one of the attendants of the member country has to enclose an appeal fee with the appeal in order for the appeal to be valid.

The deposited sum will be refunded to its owner if the appeal proves to be justified.

If the appeal is rejected the sum deposited is retained by the USPE.

The appeal fee will be a total of 100,00 EUR, paid in cash.

Doping the good way!!!

Beetroot juice is healthy doping



New research shows that beetroot juice can improve your performance significantly – regardless of you being a recreational or elite athlete. The benefit is gained only a few hours after drinking this blood red drink.

Beetroot juice is the new buzzword among runners, cyclists, triathletes and others whose performance is dependent on their endurance and oxygen uptake.

More and more research shows that beetroot juice improves performance at least as much as the dangerous and illegal doping preparation EPO.

This is how much beetroot juice you should drink

Most new research is carried out with ready-made beetroot juice with test subjects consuming $\frac{1}{2}$ litres daily. After six days the researchers tested the impact.

However, this does not mean that you necessarily need to pour beetroot juice down your throat every day. Fresh beetroots can for instance substitute the juice. Meanwhile, in other studies the test subjects only consumed $\frac{1}{2}$ litre beetroot juice a couple of hours before the test and that was enough in order to improve the results significantly.

The magic in the beetroot juice is caused by the substance nitrate. And do you experience difficulties when consuming nitrate 5 days in a row, less is also able to do the trick. However, nothing indicates that dietary supplement as nitrate tablets have an effect.



Udgiver: Dansk Politiidrætsforbund
Politigården, stuen, fag 2 • 1567 Kbh V
Tlf. 3521 9271 • Mail: info@politisport.dk

Grafisk produktion og tryk: FL Tryk

Annonceekspedition: Politiidræt
Agerbakken 21 • 8362 Hørning
Tlf. 8793 3786 • Mail: info@politiinfo.dk