

Resultater – Antvorskøvløbet 2019

2019-08-20

Bane 1		(4 / 5)	Tid	Efter	Tidstab
1.	Hanne Fogh	FSK	1:12:39		01:08
2.	Camilla Rath	KPI	1:20:15	+7:36	09:14
3.	Allan Grundsøe	FPI	1:21:56	+9:17	04:06
4.	Carsten V. Mortensen	KPI	1:23:03	+10:24	08:28
Bane 2		(8 / 8)	Tid	Efter	Tidstab
1.	Bruno Stub	KPI	57:12		01:20
2.	Kent Birk	Horsens OK	57:26	+0:14	03:17
3.	Torkild Hansen	KPI	1:00:10	+2:58	03:43
4.	Jørn Lind	KPI	1:01:04	+3:52	04:55
5.	Lars Hanghøj	Ballerup OK	1:08:09	+10:57	01:54
6.	Peder Stephansen	OK Esbjerg	1:12:21	+15:09	05:45
7.	Erik Lindholt	OK Esbjerg	1:14:56	+17:44	06:21
8.	Niels Aabye	Ballerup OK	1:33:17	+36:05	18:36
Bane 3		(13 / 13)	Tid	Efter	Tidstab
1.	Line Stub	KPI	55:57		02:56
2.	Dan Dalvang	SPI	1:01:10	+5:13	02:48
3.	Karsten Jørgensen	KPI	1:02:06	+6:09	05:16
4.	Anne Fonnesbæk Hansen	VEPI	1:02:33	+6:36	01:04
5.	Hans Aage Hvalsø Hansen	FPI	1:02:42	+6:45	03:01
6.	Gert Kristensen	RPI	1:03:40	+7:43	01:25
7.	Ea Busch	KPI	1:05:32	+9:35	03:37
8.	Erik Ljungdahl	FPI	1:07:32	+11:35	09:57
9.	Claus Etzerøth	HPI	1:08:48	+12:51	06:16
10.	Ove Brix Therkilsen	HTF	1:08:50	+12:53	08:50
11.	Dennis Blæsbjerg	SPI	1:09:36	+13:39	06:04
12.	Jan Kofoed	KPI	1:10:46	+14:49	07:45
13.	Kim Folander	FSK	1:18:05	+22:08	08:31
Bane 4		(12 / 12)	Tid	Efter	Tidstab
1.	Erik Damgaard	FPI	46:27		01:06
2.	H.V. Jensen	FPI	1:02:13	+15:46	06:50
3.	Torsten Bo Larsen	FPI	1:05:53	+19:26	09:57
4.	Susab Stub	KPI	1:07:54	+21:27	07:03
5.	Carsten G. Sønderup	SPI	1:07:58	+21:31	10:25
6.	Søren Jensen	KPI	1:27:26	+40:59	14:16
7.	Arne Pedersen	RPI	1:35:48	+49:21	28:14
8.	Else Sølling	FPI	1:36:36	+50:09	17:07
9.	Gunnar Tamberg	Ballerup OK	1:39:42	+53:15	08:34
10.	Vagn Jensen	VEPI	1:47:25	+60:58	17:05
	Peter Sølling	FPI	Fejlklip		
	Johanne Lind	Ballerup OK	Udgået		
Bane 5 - Mellemsvær		(13 / 13)	Tid	Efter	Tidstab
1.	Oliver Plambæk	SPI	57:10		07:07
2.	Jonas Gross	GHR	1:01:38	+4:28	03:04
3.	Morten Søe	GHR	1:01:51	+4:41	06:05
4.	Jonas Lynge	SPI	1:11:33	+14:23	11:36
5.	Nicolai Trane	SPI	1:14:19	+17:09	16:44
6.	Jan Skouv	Faaborg OK	1:48:02	+50:52	21:11
7.	Dennis Frandsen	GHR	2:00:23	+63:13	48:59
	Anders Grann	SPI	Fejlklip		

Christoffer Lundsgaard
Kjeld Laursen
Rasmus Andersen
Rasmus Ravnebjerg
Kasper Foged

SPI
FPI
GHR
GHR
GHR

Fejlkli
Fejlkli
Fejlkli
Fejlkli
Udgået

Bane 6 - Let

Kristoffer Borslund

(1 / 1)
SPI

Tid
Udgået

Efter**Tidstab**

Resultater – Antvorskovløbet 2019

2019-08-20

Bane 1		(4 / 5)	Tid	Efter		
1. Hanne Fogh	FSK		1:12:39			
4:29 (4:29)	0:44 (5:13)	3:30 (8:43)		4:31 (13:14)	5:36 (18:50)	1:42 (20:32)
2:09 (22:41)	3:10 (25:51)	1:28 (27:19)		3:43 (31:02)	4:12 (35:14)	3:04 (38:18)
0:57 (39:15)	1:40 (40:55)	2:03 (42:58)		1:20 (44:18)	1:01 (45:19)	1:12 (46:31)
0:56 (47:27)	5:12 (52:39)	0:41 (53:20)		1:47 (55:07)	3:25 (58:32)	1:43 (1:00:15)
3:35 (1:03:50)	5:51 (1:09:41)	2:29 (1:12:10)		0:29 (1:12:39)		
2. Camilla Rath	KPI		1:20:15	+7:36		
4:13 (4:13)	0:36 (4:49)	2:44 (7:33)		3:18 (10:51)	6:00 (16:51)	3:08 (19:59)
1:45 (21:44)	3:51 (25:35)	1:27 (27:02)		4:03 (31:05)	4:08 (35:13)	3:18 (38:31)
0:58 (39:29)	2:19 (41:48)	1:40 (43:28)		1:17 (44:45)	2:43 (47:28)	1:09 (48:37)
0:59 (49:36)	4:48 (54:24)	0:37 (55:01)		1:45 (56:46)	3:07 (59:53)	2:04 (1:01:57)
3:04 (1:05:01)	12:18 (1:17:19)	2:31 (1:19:50)		0:25 (1:20:15)		
3. Allan Grundsoe	FPI		1:21:56	+9:17		
6:15 (6:15)	0:43 (6:58)	3:28 (10:26)		3:17 (13:43)	6:25 (20:08)	2:51 (22:59)
2:22 (25:21)	3:08 (28:29)	1:57 (30:26)		3:56 (34:22)	4:03 (38:25)	3:25 (41:50)
1:06 (42:56)	2:17 (45:13)	2:17 (47:30)		2:15 (49:45)	1:35 (51:20)	1:29 (52:49)
1:06 (53:55)	4:53 (58:48)	0:46 (59:34)		2:00 (1:01:34)	4:22 (1:05:56)	1:43 (1:07:39)
3:56 (1:11:35)	6:31 (1:18:06)	3:16 (1:21:22)		0:34 (1:21:56)		
4. Carsten V. Mortensen	KPI		1:23:03	+10:24		
4:33 (4:33)	0:45 (5:18)	3:28 (8:46)		6:08 (14:54)	8:08 (23:02)	3:07 (26:09)
2:49 (28:58)	3:30 (32:28)	1:29 (33:57)		3:32 (37:29)	4:03 (41:32)	3:23 (44:55)
1:04 (45:59)	1:51 (47:50)	2:09 (49:59)		1:54 (51:53)	1:07 (53:00)	1:15 (54:15)
1:10 (55:25)	4:29 (59:54)	0:38 (1:00:32)		2:03 (1:02:35)	4:18 (1:06:53)	2:01 (1:08:54)
4:28 (1:13:22)	5:41 (1:19:03)	3:26 (1:22:29)		0:34 (1:23:03)		
Bane 2		(8 / 8)	Tid	Efter		
1. Bruno Stub	KPI		57:12			
4:02 (4:02)	2:01 (6:03)	1:55 (7:58)		3:19 (11:17)	3:21 (14:38)	2:05 (16:43)
1:55 (18:38)	4:04 (22:42)	3:40 (26:22)		2:12 (28:34)	2:29 (31:03)	1:05 (32:08)
1:00 (33:08)	0:55 (34:03)	1:32 (35:35)		2:00 (37:35)	3:38 (41:13)	2:28 (43:41)
2:25 (46:06)	1:44 (47:50)	3:08 (50:58)		2:56 (53:54)	2:43 (56:37)	0:35 (57:12)
2. Kent Birk	Horsens OK		57:26	+0:14		
5:54 (5:54)	2:03 (7:57)	1:52 (9:49)		4:11 (14:00)	2:51 (16:51)	1:36 (18:27)
1:46 (20:13)	3:58 (24:11)	3:27 (27:38)		2:14 (29:52)	1:01 (30:53)	1:10 (32:03)
0:51 (32:54)	1:26 (34:20)	2:19 (36:39)		1:53 (38:32)	3:48 (42:20)	2:29 (44:49)
2:14 (47:03)	1:42 (48:45)	3:08 (51:53)		2:23 (54:16)	2:40 (56:56)	0:30 (57:26)
3. Torkild Hansen	KPI		1:00:10	+2:58		
6:18 (6:18)	2:48 (9:06)	1:51 (10:57)		3:51 (14:48)	3:01 (17:49)	2:42 (20:31)
2:02 (22:33)	3:35 (26:08)	3:38 (29:46)		2:48 (32:34)	1:13 (33:47)	1:09 (34:56)
1:02 (35:58)	1:09 (37:07)	2:05 (39:12)		2:00 (41:12)	4:21 (45:33)	2:21 (47:54)
2:20 (50:14)	1:26 (51:40)	3:01 (54:41)		2:37 (57:18)	2:25 (59:43)	0:27 (1:00:10)
4. Jørn Lind	KPI		1:01:04	+3:52		
4:18 (4:18)	1:55 (6:13)	1:54 (8:07)		3:20 (11:27)	2:58 (14:25)	1:40 (16:05)
1:57 (18:02)	3:29 (21:31)	4:46 (26:17)		2:30 (28:47)	1:15 (30:02)	1:35 (31:37)
1:03 (32:40)	1:02 (33:42)	1:32 (35:14)		3:07 (38:21)	4:00 (42:21)	4:02 (46:23)
2:36 (48:59)	1:41 (50:40)	3:50 (54:30)		3:27 (57:57)	2:34 (1:00:31)	0:33 (1:01:04)
5. Lars Hanghøj	Ballerup OK		1:08:09	+10:57		
5:21 (5:21)	2:37 (7:58)	2:24 (10:22)		5:08 (15:30)	3:38 (19:08)	1:56 (21:04)
1:50 (22:54)	4:43 (27:37)	4:24 (32:01)		3:05 (35:06)	1:38 (36:44)	1:12 (37:56)
1:15 (39:11)	1:09 (40:20)	1:42 (42:02)		2:29 (44:31)	4:01 (48:32)	3:31 (52:03)
2:47 (54:50)	1:53 (56:43)	4:07 (1:00:50)		2:49 (1:03:39)	3:51 (1:07:30)	0:39 (1:08:09)
6. Peder Stephansen	OK Esbjerg		1:12:21	+15:09		
4:44 (4:44)	2:13 (6:57)	2:08 (9:05)		3:51 (12:56)	3:18 (16:14)	2:05 (18:19)
2:15 (20:34)	4:13 (24:47)	4:37 (29:24)		2:47 (32:11)	2:57 (35:08)	1:41 (36:49)
1:23 (38:12)	1:21 (39:33)	2:27 (42:00)		3:47 (45:47)	5:36 (51:23)	3:24 (54:47)
4:38 (59:25)	1:54 (1:01:19)	4:03 (1:05:22)		3:08 (1:08:30)	3:13 (1:11:43)	0:38 (1:12:21)
7. Erik Lindholt	OK Esbjerg		1:14:56	+17:44		
6:44 (6:44)	2:14 (8:58)	2:17 (11:15)		4:07 (15:22)	4:04 (19:26)	2:06 (21:32)
2:13 (23:45)	4:59 (28:44)	4:19 (33:03)		5:31 (38:34)	1:34 (40:08)	1:20 (41:28)
1:28 (42:56)	1:06 (44:02)	2:53 (46:55)		2:59 (49:54)	4:08 (54:02)	3:29 (57:31)
4:23 (1:01:54)	2:01 (1:03:55)	4:07 (1:08:02)		3:11 (1:11:13)	3:08 (1:14:21)	0:35 (1:14:56)
8. Niels Aabye	Ballerup OK		1:33:17	+36:05		
9:18 (9:18)	2:31 (11:49)	2:13 (14:02)		13:51 (27:53)	4:08 (32:01)	3:11 (35:12)
1:53 (37:05)	4:56 (42:01)	5:24 (47:25)		2:54 (50:19)	3:06 (53:25)	1:34 (54:59)
0:58 (55:57)	2:41 (58:38)	3:58 (1:02:36)		2:11 (1:04:47)	5:16 (1:10:03)	3:44 (1:13:47)
3:28 (1:17:15)	2:12 (1:19:27)	5:24 (1:24:51)		3:47 (1:28:38)	3:55 (1:32:33)	0:44 (1:33:17)
Bane 3		(13 / 13)	Tid	Efter		
1. Line Stub	KPI		55:57			
4:53 (4:53)	1:36 (6:29)	3:32 (10:01)		2:08 (12:09)	3:37 (15:46)	3:43 (19:29)
1:31 (21:00)	5:37 (26:37)	2:20 (28:57)		2:14 (31:11)	2:48 (33:59)	1:23 (35:22)
1:05 (36:27)	1:02 (37:29)	1:11 (38:40)		1:43 (40:23)	2:01 (42:24)	3:13 (45:37)
2:45 (48:22)	0:56 (49:18)	2:20 (51:38)		3:45 (55:23)	0:34 (55:57)	
2. Dan Dalvang	SPI		1:01:10	+5:13		
6:18 (6:18)	1:18 (7:36)	3:28 (11:04)		2:28 (13:32)	3:20 (16:52)	4:46 (21:38)
1:59 (23:37)	4:46 (28:23)	2:23 (30:46)		1:56 (32:42)	3:16 (35:58)	2:32 (38:30)
1:19 (39:49)	1:10 (40:59)	1:19 (42:18)		2:01 (44:19)	2:23 (46:42)	2:09 (48:51)
2:58 (51:49)	1:03 (52:52)	3:19 (56:11)		4:34 (1:00:45)	0:25 (1:01:10)	
3. Karsten Jørgensen	KPI		1:02:06	+6:09		
7:07 (7:07)	1:24 (8:31)	3:37 (12:08)		2:08 (14:16)	3:33 (17:49)	3:37 (21:26)
1:44 (23:10)	5:10 (28:20)	2:44 (31:04)		2:04 (33:08)	2:52 (36:00)	1:40 (37:40)
1:14 (38:54)	1:10 (40:04)	2:36 (42:40)		3:14 (45:54)	2:31 (48:25)	2:33 (50:58)
2:52 (53:50)	0:57 (54:47)	2:28 (57:15)		4:14 (1:01:29)	0:37 (1:02:06)	
4. Anne Fønnesbæk Hansen	VEPI		1:02:33	+6:36		
5:06 (5:06)	1:28 (6:34)	4:08 (10:42)		2:41 (13:23)	3:20 (16:43)	4:38 (21:21)
1:47 (23:08)	5:40 (28:48)	2:39 (31:27)		2:12 (33:39)	3:12 (36:51)	1:41 (38:32)
1:41 (40:13)	1:17 (41:30)	1:21 (42:51)		1:58 (44:49)	2:46 (47:35)	2:12 (49:47)
2:56 (52:43)	1:26 (54:09)	3:36 (57:45)		4:17 (1:02:02)	0:31 (1:02:33)	

5.	Hans Aage Hvalsø Hansen	FPI		1:02:42	+6:45		
	5:11 (5:11)	1:54 (7:05)	4:04 (11:09)		2:20 (13:29)	3:37 (17:06)	4:35 (21:41)
	2:34 (24:15)	6:10 (30:25)	2:39 (33:04)		2:03 (35:07)	2:53 (38:00)	2:28 (40:28)
	1:18 (41:46)	1:30 (43:16)	1:04 (44:20)		2:10 (46:30)	2:27 (48:57)	2:19 (51:16)
	3:10 (54:26)	1:01 (55:27)	2:41 (58:08)		4:00 (1:02:08)	0:34 (1:02:42)	
6.	Gert Kristensen	RPI		1:03:40	+7:43		
	5:31 (5:31)	1:45 (7:16)	4:37 (11:53)		1:59 (13:52)	3:08 (17:00)	4:35 (21:35)
	2:15 (23:50)	5:29 (29:19)	2:59 (32:18)		2:36 (34:54)	3:17 (38:11)	2:24 (40:35)
	1:17 (41:52)	1:15 (43:07)	1:09 (44:16)		2:33 (46:49)	2:20 (49:09)	2:10 (51:19)
	3:23 (54:42)	1:18 (56:00)	2:49 (58:49)		4:18 (1:03:07)	0:33 (1:03:40)	
7.	Ea Busch	KPI		1:05:32	+9:35		
	5:34 (5:34)	1:37 (7:11)	3:49 (11:00)		2:31 (13:31)	4:41 (18:12)	4:58 (23:10)
	2:31 (25:41)	5:35 (31:16)	3:35 (34:51)		2:31 (37:22)	3:14 (40:36)	1:29 (42:05)
	1:36 (43:41)	1:03 (44:44)	1:12 (45:56)		1:46 (47:42)	2:22 (50:04)	1:55 (51:59)
	3:31 (55:30)	1:05 (56:35)	3:37 (1:00:12)		4:55 (1:05:07)	0:25 (1:05:32)	
8.	Erik Ljungdahl	FPI		1:07:32	+11:35		
	5:19 (5:19)	1:48 (7:07)	10:53 (18:00)		1:41 (19:41)	2:54 (22:35)	4:24 (26:59)
	1:50 (28:49)	5:43 (34:32)	2:33 (37:05)		2:06 (39:11)	2:50 (42:01)	1:29 (43:30)
	1:15 (44:45)	1:18 (46:03)	1:06 (47:09)		1:48 (48:57)	2:30 (51:27)	5:08 (56:35)
	2:32 (59:07)	0:52 (59:59)	2:30 (1:02:29)		4:28 (1:06:57)	0:35 (1:07:32)	
9.	Claus Etzeroth	HPI		1:08:48	+12:51		
	5:54 (5:54)	1:47 (7:41)	4:16 (11:57)		2:05 (14:02)	2:28 (16:30)	4:29 (20:59)
	1:52 (22:51)	5:28 (28:19)	3:18 (31:37)		2:41 (34:18)	3:36 (37:54)	2:37 (40:31)
	1:56 (42:27)	1:11 (43:38)	1:08 (44:46)		3:46 (48:32)	2:32 (51:04)	5:16 (56:20)
	3:02 (59:22)	1:00 (1:00:22)	3:26 (1:03:48)		4:19 (1:08:07)	0:41 (1:08:48)	
10.	Ove Brix Therkilsen	HTF		1:08:50	+12:53		
	6:32 (6:32)	5:46 (12:18)	4:56 (17:14)		2:09 (19:23)	2:23 (21:46)	5:01 (26:47)
	2:16 (29:03)	6:22 (35:25)	2:42 (38:07)		2:14 (40:21)	3:43 (44:04)	1:32 (45:36)
	1:19 (46:55)	1:19 (48:14)	1:13 (49:27)		3:55 (53:22)	2:45 (56:07)	2:29 (58:36)
	2:34 (1:01:10)	1:10 (1:02:20)	2:04 (1:04:24)		3:54 (1:08:18)	0:32 (1:08:50)	
11.	Dennis Blæsbjerg	SPI		1:09:36	+13:39		
	5:14 (5:14)	1:13 (6:27)	4:14 (10:41)		2:53 (13:34)	4:13 (17:47)	5:26 (23:13)
	2:57 (26:10)	6:25 (32:35)	2:46 (35:21)		2:24 (37:45)	2:56 (40:41)	2:16 (42:57)
	1:28 (44:25)	1:17 (45:42)	1:36 (47:18)		3:04 (50:22)	2:23 (52:45)	2:46 (55:31)
	3:07 (58:38)	0:50 (59:28)	2:49 (1:02:17)		6:57 (1:09:14)	0:22 (1:09:36)	
12.	Jan Kofoed	KPI		1:10:46	+14:49		
	5:12 (5:12)	1:42 (6:54)	6:01 (12:55)		2:24 (15:19)	5:54 (21:13)	6:03 (27:16)
	2:32 (29:48)	4:51 (34:39)	2:58 (37:37)		2:13 (39:50)	2:50 (42:40)	2:29 (45:09)
	1:49 (46:58)	1:11 (48:09)	1:31 (49:40)		2:48 (52:28)	3:09 (55:37)	2:29 (58:06)
	3:29 (1:01:35)	1:15 (1:02:50)	2:31 (1:05:21)		4:49 (1:10:10)	0:36 (1:10:46)	
13.	Kim Folander	FSK		1:18:05	+22:08		
	7:37 (7:37)	1:56 (9:33)	5:57 (15:30)		3:29 (18:59)	8:04 (27:03)	5:23 (32:26)
	2:21 (34:47)	5:48 (40:35)	2:58 (43:33)		2:30 (46:03)	3:30 (49:33)	1:51 (51:24)
	1:34 (52:58)	1:24 (54:22)	1:30 (55:52)		2:29 (58:21)	3:00 (1:01:21)	2:38 (1:03:59)
	3:30 (1:07:29)	1:19 (1:08:48)	2:17 (1:11:05)		5:57 (1:17:02)	1:03 (1:18:05)	

Bane 4 (12 / 12)

				Tid	Efter		
1.	Erik Damgaard	FPI		46:27			
	4:32 (4:32)	2:21 (6:53)	4:15 (11:08)		1:56 (13:04)	1:13 (14:17)	1:14 (15:31)
	3:58 (19:29)	4:24 (23:53)	2:42 (26:35)		1:31 (28:06)	1:22 (29:28)	1:20 (30:48)
	1:12 (32:00)	1:52 (33:52)	1:12 (35:04)		1:51 (36:55)	2:26 (39:21)	1:33 (40:54)
	1:18 (42:12)	3:10 (45:22)	1:05 (46:27)				
2.	H.V. Jensen	FPI		1:02:13	+15:46		
	4:26 (4:26)	3:18 (7:44)	5:42 (13:26)		2:49 (16:15)	1:27 (17:42)	1:18 (19:00)
	4:59 (23:59)	5:41 (29:40)	6:46 (36:26)		2:45 (39:11)	3:16 (42:27)	1:54 (44:21)
	1:54 (46:15)	1:58 (48:13)	1:27 (49:40)		1:35 (51:15)	2:30 (53:45)	2:12 (55:57)
	1:32 (57:29)	3:59 (1:01:28)	0:45 (1:02:13)				
3.	Torsten Bo Larsen	FPI		1:05:53	+19:26		
	5:57 (5:57)	4:50 (10:47)	5:13 (16:00)		2:18 (18:18)	1:21 (19:39)	1:52 (21:31)
	10:48 (32:19)	5:08 (37:27)	3:27 (40:54)		3:11 (44:05)	1:41 (45:46)	1:43 (47:29)
	1:12 (48:41)	4:17 (52:58)	1:16 (54:14)		1:28 (55:42)	2:33 (58:15)	1:56 (1:00:11)
	1:35 (1:01:46)	3:31 (1:05:17)	0:36 (1:05:53)				
4.	Susab Stub	KPI		1:07:54	+21:27		
	6:11 (6:11)	6:53 (13:04)	6:34 (19:38)		2:44 (22:22)	1:13 (23:35)	1:19 (24:54)
	6:59 (31:53)	7:15 (39:08)	3:47 (42:55)		3:09 (46:04)	1:29 (47:33)	1:40 (49:13)
	1:31 (50:44)	3:43 (54:27)	0:54 (55:21)		1:46 (57:07)	2:54 (1:00:01)	1:59 (1:02:00)
	1:36 (1:03:36)	3:28 (1:07:04)	0:50 (1:07:54)				
5.	Carsten G. Sønderup	SPI		1:07:58	+21:31		
	4:45 (4:45)	4:04 (8:49)	5:28 (14:17)		2:30 (16:47)	1:19 (18:06)	1:13 (19:19)
	7:49 (27:08)	8:16 (35:24)	4:28 (39:52)		1:50 (41:42)	5:10 (46:52)	1:15 (48:07)
	1:29 (49:36)	2:37 (52:13)	1:24 (53:37)		1:40 (55:17)	2:49 (58:06)	2:02 (1:00:08)
	1:56 (1:02:04)	5:17 (1:07:21)	0:37 (1:07:58)				
6.	Søren Jensen	KPI		1:27:26	+40:59		
	12:17 (12:17)	4:33 (16:50)	6:47 (23:37)		3:14 (26:51)	1:57 (28:48)	2:58 (31:46)
	8:21 (40:07)	9:03 (49:10)	5:07 (54:17)		3:18 (57:35)	1:57 (59:32)	2:12 (1:01:44)
	1:40 (1:03:24)	2:35 (1:05:59)	1:53 (1:07:52)		3:52 (1:11:44)	3:08 (1:14:52)	2:07 (1:16:59)
	3:06 (1:20:05)	6:34 (1:26:39)	0:47 (1:27:26)				
7.	Arne Pedersen	RPI		1:35:48	+49:21		
	5:37 (5:37)	4:10 (9:47)	8:15 (18:02)		2:58 (21:00)	1:21 (22:21)	1:31 (23:52)
	6:26 (30:18)	5:54 (36:12)	4:09 (40:21)		3:46 (44:07)	7:41 (51:48)	1:55 (53:43)
	1:56 (55:39)	3:52 (59:31)	4:04 (1:03:35)		12:45 (1:16:20)	6:14 (1:22:34)	4:36 (1:27:10)
	2:10 (1:29:20)	5:28 (1:34:48)	1:00 (1:35:48)				
8.	Else Sølling	FPI		1:36:36	+50:09		
	13:36 (13:36)	5:14 (18:50)	9:31 (28:21)		3:39 (32:00)	1:27 (33:27)	1:47 (35:14)
	7:03 (42:17)	7:59 (50:16)	5:54 (56:10)		3:07 (59:17)	3:07 (1:02:24)	2:06 (1:04:30)
	6:34 (1:11:04)	5:05 (1:16:09)	3:23 (1:19:32)		2:06 (1:21:38)	3:32 (1:25:10)	3:04 (1:28:14)
	2:12 (1:30:26)	5:16 (1:35:42)	0:54 (1:36:36)				
9.	Gunnar Tamberg	Ballerup OK		1:39:42	+53:15		
	8:17 (8:17)	6:19 (14:36)	9:49 (24:25)		4:13 (28:38)	1:50 (30:28)	2:00 (32:28)
	9:04 (41:32)	7:51 (49:23)	5:53 (55:16)		3:29 (58:45)	6:47 (1:05:32)	3:48 (1:09:20)
	2:52 (1:12:12)	5:07 (1:17:19)	2:52 (1:20:11)		2:55 (1:23:06)	3:52 (1:26:58)	2:56 (1:29:54)
	2:25 (1:32:19)	5:56 (1:38:15)	1:27 (1:39:42)				
10.	Vagn Jensen	VEPI		1:47:25	+60:58		

7:51 (7:51)	6:35 (14:26)	8:19 (22:45)	3:33 (26:18)	4:42 (31:00)	1:27 (32:27)
10:56 (43:23)	11:49 (55:12)	7:09 (1:02:21)	2:49 (1:05:10)	2:22 (1:07:32)	2:25 (1:09:57)
2:42 (1:12:39)	6:27 (1:19:06)	2:07 (1:21:13)	3:49 (1:25:02)	4:51 (1:29:53)	4:13 (1:34:06)
2:28 (1:36:34)	9:47 (1:46:21)	1:04 (1:47:25)			
Peter Sølling	FPI		Fejlklip		
5:05 (5:05)	4:28 (9:33)	5:57 (15:30)	3:06 (18:36)	1:36 (20:12)	1:32 (21:44)
5:04 (26:48)	4:53 (31:41)	3:31 (35:12)	2:28 (37:40)	1:37 (39:17)	1:55 (41:12)
1:47 (42:59)	2:08 (45:07)	– (–)	– (48:52)	2:22 (51:14)	2:48 (54:02)
2:10 (56:12)	4:53 (1:01:05)	0:31 (1:01:36)			
Johanne Lind	Ballerup OK		Udgået		
9:12 (9:12)	5:35 (14:47)	7:55 (22:42)	5:59 (28:41)	1:13 (29:54)	7:16 (37:10)
19:28 (56:38)	7:22 (1:04:00)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (1:12:50)			
Bane 5 - Mellemsvør	(13 / 13)		Tid	Efter	
1. Oliver Plambæk	SPI		57:10		
3:10 (3:10)	1:56 (5:06)	1:12 (6:18)	4:27 (10:45)	4:10 (14:55)	6:33 (21:28)
0:49 (22:17)	3:52 (26:09)	4:26 (30:35)	5:59 (36:34)	1:40 (38:14)	1:20 (39:34)
1:22 (40:56)	1:37 (42:33)	4:22 (46:55)	1:53 (48:48)	1:19 (50:07)	2:14 (52:21)
1:37 (53:58)	2:45 (56:43)	0:27 (57:10)			
2. Jonas Gross	GHR		1:01:38	+4:28	
2:48 (2:48)	3:48 (6:36)	1:20 (7:56)	4:22 (12:18)	3:45 (16:03)	7:25 (23:28)
1:20 (24:48)	2:19 (27:07)	6:12 (33:19)	6:05 (39:24)	2:22 (41:46)	1:19 (43:05)
1:06 (44:11)	2:03 (46:14)	3:08 (49:22)	2:43 (52:05)	1:59 (54:04)	2:47 (56:51)
2:12 (59:03)	1:56 (1:00:59)	0:39 (1:01:38)			
3. Morten Søe	GHR		1:01:51	+4:41	
2:57 (2:57)	2:15 (5:12)	1:17 (6:29)	4:51 (11:20)	3:12 (14:32)	5:52 (20:24)
0:56 (21:20)	2:29 (23:49)	5:48 (29:37)	6:03 (35:40)	2:04 (37:44)	1:52 (39:36)
1:23 (40:59)	1:48 (42:47)	6:44 (49:31)	2:51 (52:22)	2:16 (54:38)	3:05 (57:43)
1:34 (59:17)	1:59 (1:01:16)	0:35 (1:01:51)			
4. Jonas Lynge	SPI		1:11:33	+14:23	
2:42 (2:42)	4:46 (7:28)	1:18 (8:46)	7:18 (16:04)	3:33 (19:37)	5:24 (25:01)
1:45 (26:46)	2:29 (29:15)	7:22 (36:37)	8:27 (45:04)	3:37 (48:41)	0:44 (49:25)
1:36 (51:01)	3:00 (54:01)	3:17 (57:18)	2:15 (59:33)	1:53 (1:01:26)	3:10 (1:04:36)
2:41 (1:07:17)	3:52 (1:11:09)	0:24 (1:11:33)			
5. Nicolai Trane	SPI		1:14:19	+17:09	
2:48 (2:48)	8:20 (1:10:08)	1:16 (12:24)	6:00 (18:24)	3:14 (21:38)	6:36 (28:14)
6:55 (35:09)	2:28 (37:37)	7:10 (44:47)	5:14 (50:01)	2:52 (52:53)	0:57 (53:50)
1:04 (54:54)	2:01 (56:55)	2:43 (59:38)	4:01 (1:03:39)	1:42 (1:05:21)	3:12 (1:08:33)
1:51 (1:10:24)	3:15 (1:13:39)	0:40 (1:14:19)			
6. Jan Skouv	Faaborg OK		1:48:02	+50:52	
4:06 (4:06)	5:19 (9:25)	1:59 (11:24)	9:27 (20:51)	6:40 (27:31)	9:13 (36:44)
10:14 (46:58)	3:04 (50:02)	12:36 (1:02:38)	8:24 (1:11:02)	3:19 (1:14:21)	2:16 (1:16:37)
3:02 (1:19:39)	4:00 (1:23:39)	4:16 (1:27:55)	3:41 (1:31:36)	2:27 (1:34:03)	7:03 (1:41:06)
2:27 (1:43:33)	3:45 (1:47:18)	0:44 (1:48:02)			
7. Dennis Frandsen	GHR		2:00:23	+63:13	
6:40 (6:40)	7:11 (13:51)	1:28 (15:19)	5:00 (20:19)	4:09 (24:28)	27:36 (52:04)
1:00 (53:04)	2:23 (55:27)	6:52 (1:02:19)	7:13 (1:09:32)	3:17 (1:12:49)	10:01 (1:22:50)
1:29 (1:24:19)	3:10 (1:27:29)	3:12 (1:30:41)	13:49 (1:44:30)	2:14 (1:46:44)	3:04 (1:49:48)
1:41 (1:51:29)	8:12 (1:59:41)	0:42 (2:00:23)			
Anders Grann	SPI		Fejlklip		
2:45 (2:45)	– (–)	– (5:57)	6:50 (12:47)	5:25 (18:12)	20:15 (38:27)
0:36 (39:03)	11:50 (50:53)	13:50 (1:04:43)	7:54 (1:12:37)	7:55 (1:20:32)	1:26 (1:21:58)
1:13 (1:23:11)	2:57 (1:26:08)	5:43 (1:31:51)	2:37 (1:34:28)	2:05 (1:36:33)	4:03 (1:40:36)
4:15 (1:44:51)	2:58 (1:47:49)	0:55 (1:48:44)			
Christoffer Lundsgaard	SPI		Fejlklip		
5:02 (5:02)	2:32 (7:34)	2:04 (9:38)	– (–)	– (–)	– (37:28)
1:10 (38:38)	3:50 (42:28)	8:42 (51:10)	38:48 (1:29:58)	2:34 (1:32:32)	2:11 (1:34:43)
2:07 (1:36:50)	3:27 (1:40:17)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (1:52:34)			
Kjeld Laursen	FPI		Fejlklip		
10:22 (10:22)	11:13 (21:35)	2:21 (23:56)	10:19 (34:15)	10:26 (44:41)	8:39 (53:20)
6:13 (59:33)	19:12 (1:18:45)	9:21 (1:28:06)	14:59 (1:43:05)	6:22 (1:49:27)	8:52 (1:58:19)
6:23 (2:04:42)	3:47 (2:08:29)	– (–)	– (2:31:52)	7:10 (2:39:02)	4:27 (2:43:29)
4:17 (2:47:46)	7:02 (2:54:48)	0:54 (2:55:42)			
Rasmus Andersen	GHR		Fejlklip		
2:31 (2:31)	5:44 (8:15)	1:03 (9:18)	– (–)	– (17:44)	8:49 (26:33)
0:30 (27:03)	1:48 (28:51)	7:00 (35:51)	5:45 (41:36)	1:56 (43:32)	1:28 (45:00)
1:02 (46:02)	1:54 (47:56)	2:40 (50:36)	5:42 (56:18)	1:39 (57:57)	2:56 (1:00:53)
3:07 (1:04:00)	3:03 (1:07:03)	0:39 (1:07:42)			
Rasmus Ravnebjerg	GHR		Fejlklip		
2:44 (2:44)	4:48 (7:32)	1:19 (8:51)	6:01 (14:52)	2:43 (17:35)	36:31 (54:06)
– (–)	– (–)	– (1:01:25)	7:35 (1:09:00)	3:26 (1:12:26)	– (–)
– (1:13:57)	15:56 (1:29:53)	4:36 (1:34:29)	2:44 (1:37:13)	1:49 (1:39:02)	4:17 (1:43:19)
3:50 (1:47:09)	2:38 (1:49:47)	0:38 (1:50:25)			
Kasper Foged	GHR		Udgået		
2:50 (2:50)	3:14 (6:04)	1:44 (7:48)	6:10 (13:58)	5:21 (19:19)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)			
Bane 6 - Let	(1 / 1)		Tid	Efter	
Kristoffer Borslund	SPI		Udgået		
– (–)	– (33:53)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)			